

COOL TOOL OF THE WEEK

SCHOOL WIDE EXPECTATION: Be Respectful

NAME OF THE SKILL: Leave Your Attitude At the Door

PURPOSE OF THE LESSON/WHY IT'S IMPORTANT:

1. To establish a respectful way to speak to other people even when a person is angry or upset about something.
2. To practice and maintain good manners.

TEACHING EXAMPLES:

1. You woke up late and had to rush around your house to make it to school on time. You mom was very upset with you and kept telling you to be more responsible. By the time you arrive at school you are upset and do not want to speak to anyone. One of your good friends greets you on the playground and you start to tell him/her to "Shut Up", but then you stop, think and realize that you need to be respectful to other people. You look at your friend and say "I woke up late so I am a bit crabby this morning".
2. Your mom and dad have been arguing every night, and you are worried that the family is going to be split apart. There has also been so much arguing that you have not been able to study for any of your tests. You try to get by until you receive an "F" on a paper and the teacher asks you if anything is wrong. You begin to yell at her to leave you alone, but you stop, think and realize you need to be respectful. You start to say everything is okay, but your eyes fill with tears and you tell her what is happening at home. She talks to you and you begin to feel better because you have been able to speak to an adult.

KIDS ACTIVITIES/ROLE-PLAYS:

1. Discuss the importance of not taking out your angry feelings on another person.
2. Role-play how to talk to someone about what is bothering him/her.
3. Discuss why it's important to let an adult know what is going on because he/she may be able to help.

FOLLOW-UP REINFORCEMENT ACTIVITIES:

1. Precorrect students showing an attitude.
2. Increase rewards (charts/ice cream treat).
3. Compliment students/classrooms for working through the problem.